



2016

www.ncsu.edu/womansclub

"To unite NC State University women in common interests and to promote the welfare and advancement of the University"

Doris Wernsman, President
919-851-2168
dkwoman@bellsouth.net

Helen Crane, Editor
919-848-6580
helen_crane@ncsu.edu

Message from President

The leaves are turning, the weather cooler, the A/C turned off and the heat on. Fall is putting on a show with vibrant colors around Raleigh which I am enjoying but the acorns and leaves are getting thick on the ground. Too bad our four legged critters are not interested in eating them.

It's time for Halloween decorations and that means dragging them down from the attic. My husband will groan about this chore but it will be done, if he wants his choice of candies for the event. We usually have one or two trick-a-treaters so Earl wants good stuff left over in the cupboard.

Dr. Barrangou presented a program on "CRISPR" that is the newest discovery in the world of science by snipping the DNA sequence. I have to research the results and the benefits to mankind. I am concerned about how the governing rules will be established. He certainly provided enough information to whet my appetite to learn more. Our next program will involve the Marching Band at NC State, perhaps they can show me how to keep in step. I flunked line dancing.

PARAPROSDOKIAN -- Knowledge is knowing a tomato is a fruit. Wisdom is not putting it in a fruit salad. See you at our October meeting. -- *Doris Wernsman*

Program – The Power of the South – NC State Marching Band

Speaker -- Dr. Paul D. Garcia, Director of Bands at North Carolina State University. Dr. Garcia holds a Bachelor of Music Education degree from New Mexico State University, a Master of Music in Conducting from The University of Tennessee, and a Doctor of Musical Arts in Conducting from The University of Southern Mississippi. Dr. Garcia is active as a marching band, wind band, and jazz clinician/adjudicator throughout the region. In addition to engagements in the United States, he has twice been a guest conductor for La Banda dell' Esercito, the Italian Army Band in Rome, Italy. In 2007, Dr. Garcia conducted the NC State Wind Ensemble in the world famous Sydney Opera House.

The **Power Sound of the South** is the marching band of North Carolina State University. While the band serves as ambassadors to the university in a number of settings, their primary function is to support the NC State football team both at home in Carter-Finley Stadium and on the road. The **Power Sound of the South** performs at all home football games and select away games. The band has also represented NC State internationally, in countries including Ireland and Spain.

Please plan to attend our October meeting to learn more about our NC State Marching Band....practice, commitment, performances, number of members, uniforms, classes, credit hours, out-of-country trips, auditions, etc. This program promises to be very interesting as well as seeing how our prestigious marching band works behind the scenes.

NC State University Woman's Club 2016-17 Yearbook

Yearbooks were distributed at our September meeting. If you were not at the meeting and no one picked up a copy for you, a copy will be mailed to you. If you would like an electronic color copy of the yearbook, we can also email a pdf version to you. Just let me know what you would like.

Please take a minute and look over your personal information. If your information has changed or is incorrect, please fill out the form below with your updated information. Please give this note with changes to Sandy Donaghy at our October meeting. If you cannot attend our meeting on October 20, please mail your response to me at 103 Heritage Court, Cary, NC 27513. Email will also work-- sandy.donaghy@gmail.com
– *Sandy Donaghy*

Information for the 2016-17 Yearbook has changed or is incorrect.

Name _____
Address _____
Telephone _____
Email address _____

Reservations/Nametags Committee

It is so exciting to be back together for the 2016-17 meetings of the NC State Woman's Club.

Just a few reminders:

1. Be sure to enclose your check (\$18.00) with your reservation.
2. Be sure to indicate your choice of entrée for yourself and a guest if applicable.
3. Try your best to get your check, e-mail, or call to Sharon or I before the deadline which is the Friday before each luncheon date.
4. If your guest(s) has a title such as Dr., or Captain, etc., please let me know the title if it should be printed on the name tag.
5. If any members wish their title to be on their name tag, please let me know that also.
6. The paper tags indicating your entrée choice may be taken off and disposed of as soon as you receive your entrée.

Sharon and I look forward to a wonderful year as your reservation hostesses. -- *Kathryn Bartley*

Scholarship Committee

The Scholarship Committee is happy to announce this year's Carol Caldwell scholar is Dessteen Lorraine Scott, a senior in Horticultural Science. She will receive \$2,210 each semester, a slight increase over last year.

Preventing debilitating student debt is so important. The need for funds is great. We have so much for which we are grateful and so few needs in comparison with many struggling students. Let's celebrate our birthdays this year by making a donation to the Carol Caldwell Scholarship Fund! What a nice way to say "Happy Birthday to me! I've had another year on this beautiful planet."

Checks should be made to the NCSU Foundation with the notation of #680609, Carol Caldwell Scholarship Fund and mailed to Sory Bowers, 3426 Bradley Place, Raleigh, NC 27607. Thank you! – *Sory Bowers, Chair*

Today in NC State: Woman's Club Shares What it's Got Cookin'

Sandy Donaghy found the following article that appeared on the Blog of the NC State Alumni Association dated on December 8, 2014 by Chris Saunders. We thought everyone might enjoy reading it.

The old saying goes that behind every great man stands a great woman. It certainly seems that was the case at NC State College in the 1950s, according to an article in a 1955 article in *The Technician*.

“Most have cooked only in their own homes; some have had, in addition to natural talents, home economic degrees from maybe the same schools that their husband have their degrees,” the article reads, “some today are Home Economists at State College! [S]ome just [just?] fed their inner man and earned their Ph.T. (Putting Hubby Through) when he won his Ph.D.”

But it was on this day 59 years ago that those women took front and center and traded in their aprons and cookware for the pen. It was announced that the State College Woman's Club released a cookbook to help bolster a student loan fund.

The Foods that Rate at NC State cookbook was a compilation of recipes from faculty and staff wives and female employees at the college. It was their way of contributing to NC State. “The Cookbook was published for two main reasons: to get a lot of very good recipes into one, compact, attractive, easy-to-read book; and then to sell 1,000 of these books ... at \$1.00 each and raise \$1,000 for The Student Government Loan Fund,” *The Technician* reported.

The fund had, for years, been available to only seniors when they found they needed a little money to get by. But the cookbook signaled a move to opening the fund up to underclassmen, as well.

Announcements

Meeting Date and Time – Thursday, October 20 at 11:30 am.

Our meeting will convene at 11:30 am

Lunch will be served at 11:45 am

Program will begin at 12:15 pm.

These meeting times will remain throughout the 2016-17 year unless noted otherwise.

Deadline -- Newsletter Articles

Newsletter articles for the next month are due to Helen Crane at each of our monthly meetings. This standard deadline should help all of us remember to have our articles ready for the coming month. Your cooperation in meeting these deadlines is appreciated. -- *Helen Crane* Helen_Crane@ncsu.edu

Communications Committee

If you know of someone with a joy or concern that would warrant a card from our club, please tell the chair of Communication/Courtesies Committee, Barbara Dickey, dadickey@bellsouth.net or 919-846-0614. Thank you – *Barbara Dickey*

New Address of Member

Jean Bowen
Heritage Wood
3812 Forest Gate Drive
Winston-Salem, NC 27103

New Member

Wilma Hammett (Mrs. Larry)

Retired – NC Cooperative Extension
11705 Trottenham Street
Raleigh 27614-8432
Email: wshammett@aol.com
Phone: 919-847-3064
Cell: 919-418-2365

Hostesses for October

Our hostesses for October are Carolyn Bunn, Chair, Ethel Boone, Ann Collins and Helen Crane. Thank you, ladies, for volunteering to serve as hostesses this month.

Do you need a ride?

Please don't let the lack of transportation be your excuse for missing out. We have members who are happy and eager to help. Please call Grace Hodgson (919-781-2983) for assistance. Hope to see you in October!

Lunch Reservations—Due by Friday, October 14, 2016

Reservations (with payment) should be mailed to:

**Kathryn Bartley
3400 Birk Bluff Court
Cary, NC 27518-8224**

No refunds for cancellations later than due date. If you make a reservation and intend to pay at the door, but do not attend or cancel your reservation, you must still pay for your lunch(es).

**Cost: \$18.00 per person
Make check payable to: NC State University Woman's Club
Lunch will be served at 11:45 am**

Number of Reservations _____

Member Name _____

Number of Guest(s) _____

Names(s) _____

Enclosed is \$_____ (\$18.00 per person), payable to NC State University Woman's Club.

Write your entree selection(s) below for yourself and your guests from either **Pecan Crusted Pork Cutlet** or **Chicken Cordon Bleu** with rice pilaf, vegetable medley and Caesar salad. Water, tea, coffee, rolls and butter included.

Member _____

Entrée Selection _____

Guest _____

Entrée Selection _____

Guest _____

Entrée Selection _____

Other special needs (i.e. space for wheelchair at table, vegetarian entrée, etc.):

MINUTES
NC State University Woman's Club
September 15, 2016

Doris Wernsman welcomed everyone to the September meeting. The meeting was well attended by new and existing members.

The Hostess Committee provided handmade exquisite centerpieces and absolutely delicious cookies for dessert. Perhaps we can get and publish next month the delicious recipe?

There were many previous and new guests at the September meeting.

Barbara Volk - Dick Volk
Vivian Hughes - George Hughes
Carolyn Solomon - Dan Solomon
Poebe Kot - Alycia McLamb
Doris Wernsman - Earl Wernsman
Jackie Wynne - Johnny Wynne

It was announced that there are currently 77 members. We had several new members attending:

Lisa Barrangou
Sarah Cohen
Helen Hauser
Linda Griffin Robinson

The Carol Caldwell Scholarship recipient is Dessteen Lorraine Scott who received \$2,210 per semester from our Club. Ms. Scott is a student in the Horticultural Science Department.

Amy Klaenhammer introduced Dr. Rodolphe Barrangou, Associate Professor of Food, Bioprocessing and Nutrition Sciences, NC State who spoke about "The CRISPR Craze" and all of the potential applications for this genetic technique. It is great to know that technology developed at NC State is about to make a significant contribution worldwide in many different fields to benefit mankind.

The meeting was adjourned by Doris Wernsman.

Georgina Werner, Secretary