

## Featured NC State Events for Fall 2012

### NC State Football

10/06/12 vs. Florida State - Hall of Fame Day  
 10/20/12 at Maryland  
 10/27/12 at North Carolina  
 11/03/12 vs. Virginia - Homecoming  
 11/10/12 vs. Wake Forest - Parents and Families Day  
 11/17/12 at Clemson  
 11/24/12 vs. Boston College - Wolfpack Club Day

Raleigh, N.C.  
 College Park, Md.  
 Chapel Hill, N.C.  
 Raleigh, N.C.  
 Raleigh, N.C.  
 Clemson, S.C.  
 Raleigh, N.C.

### NC State Volleyball

10/19/12	vs. Boston College *	Raleigh, N.C.	7:00 PM ET
10/20/12	vs. Maryland *	Raleigh, N.C.	5:00 PM ET
10/26/12	at Wake Forest *	Winston-Salem, N.C.	7:00 PM ET
10/27/12	at Duke *	Durham, N.C.	7:30 PM ET
11/02/12	vs. Florida State *	Raleigh, N.C.	7:00 PM ET
11/04/12	vs. Miami *	Raleigh, N.C.	1:00 PM ET
11/09/12	at Clemson *	Clemson, S.C.	7:00 PM ET
11/10/12	at Georgia Tech *	Atlanta, Ga.	7:00 PM ET
11/16/12	vs. Virginia *	Raleigh, N.C.	7:00 PM ET
11/17/12	vs. Virginia Tech *	Raleigh, N.C.	5:00 PM ET
11/21/12	at North Carolina *	Chapel Hill, N.C.	1:00 PM ET

**Full sports schedules and ticket information at [gopack.com](http://gopack.com). Football times announced closer to game day.**

### Woodturning with Al Stirt.....Oct. 11, 7:00 pm

FREE! Crafts Center Woodshop: In conjunction with a weekend workshop presented by the Woodturners Guild of NC, students and the public alike are invited to an open woodturning demonstration by world-renowned turner Al Stirt of Enosburg Falls, Vermont. See the Crafts Center website [www.ncsu.edu/crafts](http://www.ncsu.edu/crafts) for more information.

### “Together in Harmony” Art Exhibit.....through Nov. 29, NC Japan Center

Exhibit by Hisako Kobayashi, New York Asian Modern Artist  
**Contact Information:** NC Japan Center, 919-515-3450, [ncjapancenter@ncsu.edu](mailto:ncjapancenter@ncsu.edu)

### “Arts Now”.....Thompson Hall, Oct. 16, Jan. 29, Feb. 19; 7 p.m.

The Arts NOW Series presents concerts, lectures, and other performing arts events for the University community and the general public. The programs feature contemporary work in the arts: new works, new techniques, new interpretations and contexts, and new connections to older work.  
**Contact Information:** Music Department, 919-515-2981, [musicinfo@ncsu.edu](mailto:musicinfo@ncsu.edu)

Full NC State Calendar of Events can be found at  
<http://calendar.activedatax.com/ncstate>



# NORTH CAROLINA STATE UNIVERSITY WOMAN'S CLUB

[www.ncsu.edu/womansclub](http://www.ncsu.edu/womansclub)



*“To unite NC State University women in common interests and to promote the welfare and advancement of the University”*

Jackie Wynne, President

Chris Cammarene-Wessel, Editor

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### Message from President Jackie Wynne

Greetings, Ladies!

Thank you to all of you who contributed to the success of our September luncheon. From the Hostess Committee to the Reservations Committee, to the Communications Committee, the Newsletter and the Website, and of course the Programs Committee and Membership, just to name a few -- all play a vital role in making every meeting run smoothly. Check your Yearbook (coming to you at the October meeting) for the very long list of names of the Board Members and Committee Chairs and committee members, who are all so generous with their time and talent. We appreciate everyone who attended the luncheon and made it worthwhile and especially thank our September hostesses, Dora Cornwell, Hazel Cooper and Sara Dail. The beautiful flower arrangements at each table were roses from Sara Dail's garden.

Some of you reported that your September newsletter was late in arriving, making it difficult to register on time. It is our intention to mail the newsletter out so that you receive it in plenty of time: seven days before the deadline for reservations. But we cannot predict how the post office will handle their distribution! Always know that in an emergency, you can call me at 919-880-1569 or Dora Cornwell at 919-851-1191 with your reservation. The newsletter is also posted online shortly after it's printed, so you can see the reservation information at <http://www.ncsu.edu/womansclub>.

**President's Message continues inside!**

## President's Message, Continued

The Programs Committee will remind our speakers that their presentation should be 20-30 minutes, so that those of you who are on a tight schedule will not have to miss any part of the meeting. In some cases, limiting the length of the program is not practical, as with J. C. Knowles' Mini-Antiques Roadshow in December, but that is an exception.

During his presentation, Dr. Chris Daubert of the Department of Food, Bioprocessing and Nutrition Sciences mentioned he hoped we were serving "Howling Cow" ice cream for dessert, alas. Sorry to disappoint. To correct this, Dr. Daubert indicated he will make it happen -- Howling Cow will be on the dessert menu at a future meeting.

Special Field Trip: TOUR OF THE NATURE RESEARCH CENTER. The Programs Committee has made special arrangements for members of the Woman's Club to go on a "field trip" to the Nature Research Center of the Museum of Natural Sciences on November 1, 2012. Our tour guide will be Dr. Meg Lowman, who spoke to us at the March meeting. The plan is to arrive at the museum at about 12:30 and have lunch at the Daily Planet Cafe before the tour at 2 o'clock. Transportation will be provided thanks to the generosity of Dan Solomon, Dean of the College of Sciences. HOWEVER, for those of you who love their independence and enjoy looking for parking in downtown Raleigh, feel free to meet us at the museum. The tour is free, but you might want to bring some lunch money. Average cost of an entree at the Daily planet is \$8. There may be a small additional charge to help compensate the driver(s). As of the deadline for today's newsletter (9/20/12) details were still being worked out. More info will be available at the October meeting. You will also be able to call in a reservation.

This year's Chairman of the Courtesies Committee is Reba Worsley. Contact Reba at 919-782-9596 or glraw@aol.com and help us keep in touch by letting us know if the Woman's Club needs to send out a note of congratulations or a get-well or sympathy card to one of our members or member's family. We also want to celebrate happy news -- weddings, births, retirements, awards and honors. So please help us stay informed.

Correction: The September newsletter listed the more recent Past Presidents of the NC State Woman's Club. Somehow, Ada Dalla-Pozza's name was inadvertently left out. Ada was President 2006-2007. Thank you to all the eagle-eyed members who noticed this oversight!

As always, feel free to call or email me (jackiewynne@msn.com) with any questions you may have!

*Jackie Wynne*

## Welcome to New Members...

Joan Catignani, wife of George Catignani, who retired from Food, Bioprocessing and Nutrition Sciences, lives in Cary. She's originally from Pensacola, Florida, but has lived in the Triangle for 34 years. She is an alumna of University of Tennessee and UNC-CH, with a master's in public health and doctorate in Public Health Microbiology and Biological Safety who describes herself as an "Administrator."

JoAnna Foegeding received her undergraduate degree from NC State and was employed in the Department of Food, Bioprocessing and Nutrition Sciences for 30+ years as a research analyst and Distance Education Coordinator. She is currently working parttime on an FDA grant project. JoAnna is married to Allen Foegeding, a faculty member in FBNS. They have two grown daughters.

Amy Klaenhammer received her Bachelor's Degree in Animal Science from the University of Minnesota and has lived in the Triangle for over 34 years. She is married to Dr. Todd Klaenhammer, a faculty member in FBNS. They have one daughter, a graduate of NC State.

Beth Lommel has a degree in Clinical Science from the University of San Francisco. She has lived in this area for over 22 years. She is married to Dr. Steve Lommel (Assistant Director of Research in the College of Agriculture and Life Sciences, Assistant Chancellor for Research at NC State University and Acting President of the Plants for Human Health Institute at the North Carolina Research Campus in Kannapolis).

Karen Rea of Raleigh is the wife of Dr. Phil Rea, who retired as Department Head of Parks, Recreation, and Tourism Management in 2008. She was born in Detroit, Michigan and has been living in our area for 34 years. Her *alma mater* is West Liberty State University in West Virginia, and her degree is in Dental Hygiene. She has two children and four "grands."

Nadine Tope retired from Family and Consumer Sciences in 1991. She was born in Farnum, Nebraska, and graduated with her bachelor's, master's and Ph.D. degrees from Cornell College in Mt. Vernon, Iowa. She describes herself as a teacher, and says she loved her work in Extension at NC State! Nadine is a volunteer with and supporter of the foundations that support FCS and ECA in CALS.



And The Winner Is! (Drum Roll Please!)

As you recall, we promised those who applied for membership or renewed their membership by the May 30 deadline date, that we would draw a name from that pool to receive free Woman's Club lunches for the year, September thru April. Congratulations to **Freddie Schrimper**, our winner!

**OCTOBER 11, 2012 (NOTE CHANGE IN REGULAR MEETING DAY!)  
Lunch Program  
Noon (Note Change in Time for 2012-13 Meetings)  
University Room at University Club**

**Program:** "From Dix Hill to Managed Care Organizations: Challenges, Concerns & Future Prospects for Mental Healthcare in NC" This is a topic that affects us all, especially here in Wake County.

**Speakers:** Ann and Gerry Akland, advocates and champions for people living with mental illness and their families (see reverse for more about our presenters)

**Hostesses:** Jean Bowen, Chair; Amy Klaenhammer, Eunice Toussaint, Kaye Whaley

**Reservations Due:** Friday, October 5, 2012 to Kathryn Bartley, 3400 Birk Bluff Court, Cary 27518

**Cancellations:** Must be phoned in to Kathryn at 919-851-8575 (email kathrynbart.88@gmail.com) by October 8 for refund.

**No refunds for cancellations later than that date.**



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**Lunch Cost: \$16 per person.** Checks payable to: NCSU Woman's Club. Reservations (with payment) must be received by **Friday, October 5. Mail to:**

Kathryn Bartley  
3400 Birk Bluff Court  
Cary, NC 27518

Number of Reservations \_\_\_\_ Member Name \_\_\_\_\_

Guest(s) Name(s) \_\_\_\_\_

Total Lunch Payment Enclosed: \$\_\_\_\_\_ (**\$16 per meal**)

Please make your checks payable to NCSU Woman's Club.

**Circle Your Lunch Entrée Selection:**

**Herb Roasted Pork Loin**

**OR**

**Chicken Cordon Bleu**

**Both entrées served with baby spinach salad, creamy corn pudding and honey glazed sugar snap peas. Also included: rolls and butter, water, tea and/or coffee.**

**Other special needs (i.e. space for wheelchair at table, vegetarian entrée, etc.):**

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## **Ann & Gerry Akland**

Ann and Gerry Akland met and spent their careers working in Research Triangle Park managing environmental research. Gerry, a Captain in the US Public Health Services (USPHS), was assigned to the Environmental Protection Agency where he led both national and international environmental exposure studies. Following his retirement from the USPHS, Gerry worked as an exposure scientist with Research Triangle Institute. Ann held the position of Deputy Director for Management of EPA's largest research laboratory.

Their passion for helping people with mental illness results from their daughter, Kristen's lifelong struggle. Trying to find help to keep her safe from her own demons led them to realize that there were few services and little support for people with severe and persistent mental illnesses, a group that many would rather forget. For this reason, they got involved in NAMI and started doing what they could to help.

One of the first accomplishments was starting a psychosocial clubhouse, Club Horizon, which helps people by providing a structured day program. They were also tireless advocates for building the new state mental hospital in Raleigh and against closing Dorothea Dix Hospital. They also have been at the table advocating with Wake County government officials as important programs have been established and decisions have been made about mental health services. In addition, they both are certified teachers for two 12 week courses to help families learn more to help people living with mental illness. Gerry is the NAMI Coordinator for the Wake County Crisis Intervention Team program which has trained over 600 Wake County law enforcement officers to deescalate situations involving people with mental illness and to take them for treatment rather than jail. Both have served as President of NAMI Wake County (Gerry is the current President), and on many committees and workgroups. Ann is also a member of the Board of Directors for Alliance Behavioral Healthcare, the new Managed Care Organization for Wake, Durham, Cumberland, and Johnston counties.

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