



www.ncsu.edu/womansclub

"To unite NC State University women in common interests and to promote the welfare and advancement of the University"

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Message from President

A man named Valentinus was martyred on February 14 late in the third century A.D. But when it comes to details about the life of St. Valentine, legend often supersedes fact. Feb. 13 to 15. The Roman romantics "were drunk and naked," says Noel Lenski, a historian at the University of Colorado at Boulder. Young women would actually line up for the men to hit them. They believed this would make them fertile. The ancient Romans may also be responsible for the name of our modern day of love. Emperor Claudius II executed two men — both named Valentine — on Feb. 14 of different years in the 3rd century A.D. Their martyrdom was honored by the Catholic Church with the celebration of St. Valentine's Day

Later, Pope Gelasius I muddled things in the 5th century by combining St. Valentine's Day with Lupercalia to expel the pagan rituals. But the festival was a little more of a drunken revel, but the Christians put clothes back on. That didn't stop it from being a day of fertility and love."

I am in favor of modern day rituals of roses, cards, jewelry, hugs, chocolate and wearing clothes. If I had to make a choice sign me up for clothes.

Now I know what IT is. I am looking forward to using the website with our program so I can initiate some of his suggestions. Dr. Marc Hoit was entertaining and his information was presented in an easily understood presentation. Next month, Monica Laliberte will be our speaker from WRAL-TV whom produces "5 on Your Side." Don't miss it.

PARAPROSDOKIAN: There's a fine line between cuddling and holding someone down so they can't get away. -- *Doris Wernsman*

Program – Monica Laliberte, WRAL Executive Producer and Five on Your Side Consumer Reporter

What are the hot scams hitting consumers right now? How do newsrooms REALLY work? When is HELP a four LEGGED word? Just some of the questions WRAL-TV 5 On Your Side's Monica Laliberte will answer as she shares highlights and advice from her 33 years in the broadcast news industry.

Monica will be bringing a dog, representing her favorite charity, Canine Companions for Independence, and will be donating her honorarium to that organization. – *Jackie Wynne*

Carol Caldwell Scholarship Committee News

Thank you, thank you to those who supported our December muffin raffle. We raised \$110!

We also wish to thank those members who have contributed donations to the Carol Caldwell Scholarship Fund since our last newsletter article. They are **Nancy Devine, Grace Hodgson, Vivian Hughes, Emed Martin, Vanette McKinney, Sharda Sawney and Doris Wernsman**. Your generosity is greatly appreciated.

The need is great. It is our hope that every member will become a contributor by the end of this club year. – *Sory Bowers, Committee Chair*

April Auction

We have been working on the April Auction for several months now. Members should be soliciting items for our April Auction. We will accept “new” or “like new” items for our \$5, \$10, \$15, and \$20 table. Larger items like personal property will be held for the silent auction. Home baked items or canned goods are also welcome for our food table. Other things of greater value for the live auction could be:

- vacation packages
- entertainment packages
- jewelry (ask your jeweler to donate)
- wine and food baskets (check with your grocery store)
- use your imagination for other great items

Please do not contact any businesses without checking with me first. Someone else may have already planned to visit the same potential donor. If you have someone you would like to contact, simply call me (919-782-1984) or email me loumitchell@att.net

This program will be the perfect meeting to bring guests. As we get closer to April, we will have more details of the auction worked out. – *Lou Mitchell*

2017-18 NC State University Woman’s Club Membership Renewal

It is that time of year again that we start thinking about a new club year that will begin in September 2017. Please print and complete the renewal form that is attached to this newsletter and bring it along with your membership dues of \$30.00 to our February or March meeting. **You do not need to fill out the details of address, phone, etc. unless that information has changed.** Please pay close attention to the information asking for “email, postal or none needed” preferences of monthly newsletters and meeting reminders. **If you are a new member, we will need all of your information filled out along with a photo.**

Please also take a serious look at the different committees that keep our club operating smoothly. Only members can serve on these committees and that means if you don't volunteer to serve, committees may not be able to fulfill their duties. We need all of our members to pitch in and work to make the club stronger. Each of you have great ideas and are quite capable to help the committees function. Consider volunteering for at least one committee. As the committees are formed for the new fiscal year, you will be notified if you are needed to serve on an additional committee. -- *Dora Cornwell, 2nd Vice President, Membership (2017-18)*

Reminder – Weather

If for some unforeseen snow, ice or inclement weather, please follow the guidelines of the Wake County School System. If the Wake County schools are closed on our meeting date, we will not plan to meet as scheduled. We will also inform you regarding a possible refund for your reservation fee. The University Club will make that decision and we will not know anything until after the “snow day”. Your patience will be appreciated until we can have that discussion with the University Club.

Update – Dr. Rodolphe Barrangou

Dr. Rodolphe Barrangou, the Todd R. Klaenhammer Distinguished Scholar and Associate Professor in NC State's Department of Food, Bioprocessing Nutrition Sciences, who presented our September program on CRISPR, (and husband of member Lisa Barrangou) was recently announced (January 2017) as the recipient of the 2017 National Academy of Sciences Award in Molecular Biology. – *Jackie Wynne*

Recipe: Spiced Pecans (Compliments of Grace Hodgson.)

Prep time: 20 minutes

Yield: 4 cups

Baking time: 1 hour

1 egg white, slightly beaten

2 tablespoons cold water

1/2 cup sugar

1/4 teaspoon ground cloves

1/4 teaspoon allspice

1/4 teaspoon cinnamon

1/2 teaspoon salt

4 cups pecan halves (about 1 pound)

Preheat oven to 250 degrees. Combine all ingredients except pecans, mixing well. Set aside 15 minutes. Add pecans and mix. Spread evenly on two greased cookie sheets. Bake one hour. Immediately loosen pecans from cookie sheets and let cool completely. Store spiced pecans in an airtight container.

Announcements

Meeting Date and Time – Thursday, February 16 at 11:30 am.

Our meeting will convene at 11:30 am, lunch will be served at 11:45 am and our program will begin at 12:15 pm. Our times will remain throughout the 2016-17 year unless noted otherwise.

Deadline -- Newsletter Articles

Newsletter articles for the next month are due to Helen Crane at each of our monthly meetings. This standard deadline should help all of us remember to have our articles ready for the coming month. Your cooperation in meeting these deadlines is appreciated. -- *Helen Crane* Helen_Crane@ncsu.edu

Communications Committee

If you know of someone with a joy or concern that would warrant a card from our club, please tell the chair of Communication/Courtesies Committee, Barbara Dickey, dadickey@bellsouth.net or [919-846-0614](tel:919-846-0614).

Thank you – *Barbara Dickey*

Hostesses for February 2017

Our hostesses for February are Anne Porter, Chair, Annette Harrell, Maggie Martin and Joan Robertson. Thank you, ladies, for volunteering to serve as hostesses this month.

Do you need a ride?

Please don't let the lack of transportation be your excuse for missing out. We have members who are happy and eager to help. Please call Grace Hodgson (919-781-2983) for assistance. Hope to see you in February!

Lunch Reservations—Due by Friday, February 10 2017

Reservations (with payment) should be mailed to:

**Kathryn Bartley
3400 Birk Bluff Court
Cary, NC 27518-8224**

No refunds for cancellations later than due date. If you make a reservation and intend to pay at the door, but do not attend or cancel your reservation, you must still pay for your lunch(es).

**Cost: \$18.00 per person
Make check payable to: NC State University Woman's Club
Lunch will be served at 11:45 am**

Number of Reservations _____

Member Name _____

Number of Guest(s) _____

Names(s) _____

Enclosed is \$ _____ (\$18.00 per person), payable to NC State University Woman's Club.

Write your entree selection(s) below for yourself and your guests from either **Chicken Marsala OR Pecan Crusted Pork Cutlet** with Baked Potatoes, Collard Greens and Fresh Fruit Salad. Water, tea, coffee, rolls and butter included.

Member _____

Entrée Selection _____

Guest _____

Guest _____

Entrée Selection _____

Entrée Selection _____

Other special needs (i.e. space for wheelchair at table, vegetarian entrée, etc.):

MINUTES
NC State University Woman's Club
January 19, 2017

Doris Wernsman welcomed everyone to our January meeting. The meeting was well attended.

The Hostess Committee for January was:

Helen McGee (Chair)	Grace Hodgson
Phoebe Kot	Chris Cammarene-Wessel

The tables were stunning with the centerpieces of silver and purple...simple but elegant. Great job ladies!

There were many old and new guests at the January meeting.

Dora Cornwell - Barbara Shaw
Ingeborg Sagan - Thea Fchostag
Carolyn Soloman - Dan Soloman
Helen Crane - George Crane
Annette Harrell - Belle Fite
Grace Hodgson - Pat Wysk
Nell Patty - Dick Patty
Fay Prost-Hoit - Marc Hoit, Speaker

Doris opened the meeting by welcoming everyone. Helen McGee did the invocation.

Announcements

- Sory Bowers updated everyone on the raffle tickets sold for her famous Morning Glory Muffins. Sory announced that she had sold \$110 with the proceeds going to the scholarship fund. Sory, thank you for doing this for the scholarship fund. The muffins were delicious.
- Lou Mitchell outlined the difficulty she was having securing fundraising items for our April meeting because the Club is not a 501(c) organization. She is seeking assistance from everyone in our club to look around their house and hopefully there are items we have that we are willing to part with. Lou requested that we bring these items to the March meeting. She also requested that if we know of individuals or companies that would be willing to donate something to the auction, then please go ahead and try to secure it. Baked items and canned goods are also welcome for the auction.
- Aileen Pressley announced the Nominating Committee Report. The proposed slate of officers for 2017-18 is as follows: President – Carolyn Bunn; 1st Vice President (Programs) – Grace Hodgson; 2nd Vice President (Membership) – Dora Cornwell; Secretary – Georgina Werner; Treasurer – Chris Cammarene-Wessel. The Nomination Committee consisted of Aileen Pressley (Chair), Doris Wernsman, Lou Mitchell, Reba Worsley and Sandy Donaghy.

Program

Dr. Marc Hoit gave another great presentation to our club on information technology, what's new, what's cool and what we should all remember to do to ensure the technology we use is secure and that we protect our personal information when using technology. Marc provided all of us with some useful information that we should be able to use with our technology whether we just have a smart phone or whether we are totally connected to multiple devices. If you would like to review his presentation or missed our meeting, you can find Marc's slide show at the following link: go.ncsu.edu/womensclubtalk

The meeting was adjourned by Doris Wernsman.

Georgina Werner, Secretary