

Nominations for the 2014-15 Officers of the NC State University Woman's Club

President - Aileen Pressley
1st Vice President, Programs - Lou Mitchell
2nd Vice President, Membership - Ann Frazier
3rd Vice President, Publications-Yearbook - Sandy Donaghy
3rd Vice President, Publications-Newsletter - Georgina Werner
Secretary - Annette Harrell
Treasurer - Anne Porter

The Nominating Committee members all worked very hard to recruit this slate of nominees. I want to take this opportunity to thank the committee members for the time they spent and contacts they made on behalf of the Club. **Carolyn Bunn**

Election Meeting – March 20, 2014

At the recent meeting of your current Executive Committee, our elections were a topic of much discussion. Our Constitution indicates a “spring meeting” as our election meeting. We have decided to interpret this very strictly to mean that we must hold our elections in March or later. The nominees will be presented at the February and March meetings, and the vote will take place at the March meeting. We will accept nominees from the floor at the election meeting, also, per the Constitution.

The Constitution Committee will meet soon to debate the benefits of a change to the Constitution allowing earlier voting, and, if determined to be appropriate, will bring forward a recommendation for a vote of the membership.

Helpful Note from Member Norma Sawyer

I use Capital Concierge On-Call, LLC, which is a lifestyle management service that steps in to do the things you don't have time to do, need assistance doing or simply don't want to do -- such as transportation to and from doctor's appointments, errands, etc. If you think this service could be as much value to you as it is to me, call Emily at 919-279-8974 for a free consultation.

The NC State University Woman's Club does not endorse this company, but merely provides information that may be of use to our members. If you would like to share hints or advice in future issues of the newsletter, please contact Jackie Wynne or Chris Wessel.



NORTH CAROLINA STATE UNIVERSITY WOMAN'S CLUB

www.ncsu.edu/womansclub



“To unite NC State University women in common interests and to promote the welfare and advancement of the University”

Jackie Wynne, President

Chris Cammarene-Wessel, Editor

919-880-1569 or jackiewynne@msn.com

919-515-7678 or chris_wessel@ncsu.edu

Message from President Jackie Wynne

"Any sufficiently advanced technology is indistinguishable from magic." Arthur C. Clark

In Vice Chancellor Marc Hoyt's January presentation, "What You Need to Know to Keep Up With Technology," he made even more obvious what I have suspected all along. It's magic!! I still can't fathom how it works or why it works, I just know that it does. We had a great turnout for this program and have many requests that Marc return and do an encore presentation. With member Fay Hoyt's magic wand, maybe we can make that happen. In the meantime, for all of you who missed "a really great show" and those who want to review it, the slides are available at: go.ncsu.edu/womensclubtalk.

Thank you to Sharon Ayers and Reba Worsley for inviting their friends Linda Roberson and Linda Moore, respectively, to meetings and encouraging them to join.

Linda Moore's contact information: 117 Marsh Barton Dr., Holly Springs NC 27540, 423-991-1360, Imoore1207@gmail.com. Linda Roberson's is: 310 Barnhill Lane, Wake Forest NC 27587, 919-602-7461, Igreco45@yahoo.com.

Linda Moore was thrilled to return to Raleigh when husband Wes was offered the position of Head Woman's Basketball Coach at NC State last spring. Linda grew up in Jamesville, NC (just down the road from Linda Roberson's hometown of Williamston, NC, also in Martin County). She attended Johnson Bible College, where she met Wes. She's worked in administration with government and industries as she has moved with



her husband's coaching assignments, and then pursued a career in real estate in Chattanooga, TN, until moving to Raleigh. Linda is setting up her new home in the Twelve Oaks subdivision of Holly Springs and is very involved in community and church organizations. Although Linda and Wes have no biological children, they always “adopt” the young ladies on the team, and have a rescue dog named Jake.

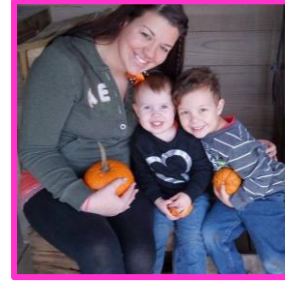
Linda Griffin Roberson is originally from Williamston, NC, and attended East Carolina University, graduating with a bachelor's in elementary education and a master's in school counseling. In 2004, Linda received a degree in school administration from NC State. Linda was a school counselor for Wake Forest Elementary, assistant principal at Wakefield and principal at Knightdale Elementary. Linda recently retired from Wake County Schools with 36 years of service. Her husband Sammy graduated from NC State in 1975 and is Senior Director of Government Relations for Time Warner Cable. They have two children: Brooke, a 2005 graduate of UNC who is currently in nursing school at Wake Tech, and Tommy, who works for the social security administration in Winston-Salem and will be getting married this summer.

This month's mailing is full of important information, including your membership form. I thank all of you who are volunteering to work on our committees as you renew your membership. You really make the Club function smoothly and thrive. I encourage you to consider the Membership Committee (we all need to be working on that one), the new Transportation Committee and the revived Publicity Committee. *Jackie Wynne*

CORRECTIONS: The date listed in the yearbook for the March meeting is incorrect. The meeting/Dillard's Fashion Show is on Thursday, March 20. Also, Mae Mae Dolan wants to let everyone know that the email address listed for her in the yearbook is not hers. Mae Mae does not have an email address. This should explain why she might not have answered your emails to her 😊.

Carol Caldwell Scholarship Update: Our Recipient

Ashley Krukowski (CHASS Senior, Leadership in the Public Sector) is the award recipient for academic year 2013-2014. In her letter to the Scholarship Chair, Ms. Krukowski expressed her appreciation and gratitude to the NC State Woman's Club.



Ms. Krukowski is a mother of two children – two and four years old. Her husband served three tours in Iraq. Through his experiences and her studies, she has realized her passion is to help people in crisis around the world. Her dream job would be in the State Department. She ends her letter by saying, *"Thank you so much for selecting me for this scholarship and great honor. I believe that this is an investment in me that I will not take lightly as I graduate and attempt to make a difference in the world."* With this report, I am conveying our best wishes for continuing success to Ashley. We hope she can join us at an upcoming meeting, but her busy schedule and childcare needs may prohibit it (and we certainly understand!).

Since the publication of the last list of contributors, checks have been received from: Hazel Cooper and Linda L. Khosla. Also, some participants in the December Craft Fair contributed the proceeds from their sales to the Scholarship endowment. Please accept our sincere thanks!!!

Sharda Sawhney

Time to Renew Your Membership for 2014-15!

We are already planning for the 2014-15 Club year, and that means we seek your renewed membership. Please fill out the enclosed form and send it to me with your \$30.00 dues, or bring them to me at the registration table at the next two meetings. **NO FOOLING! Everyone who renews by our April 1 deadline will be entered into a drawing for their choice of two free lunches (can be used for yourself or guests!) or a reimbursement of their dues!**

This drive and our March elections will ensure the incoming officers the opportunity to complete the Club year's planning process before the yearbook publishing date. Be sure to check the committees that you would like to work with in the coming year. It really does take all of us to make the Club a successful and meaningful organization. Should you know of prospective new members please email me. We seek a little more personal information of new members so we can introduce them to the membership. This year we have had the good fortune of introducing new members every month. Let's make that a tradition!

Ann Frazier

"Past, Present and Future of NC State Student Health"
Leah Locke Arnett, RN, Director of Student Health Services
February 20, 2014 ~ Noon ~ NC State University Club

If your idea of what an "infirmary" on a college campus is all about is limited to thoughts of giving shots, dispensing pills, stitching wounds and comforting sick students, Leah Arnett's talk is bound to burst that bubble. Read more on the reverse.

Hostesses: Anne Porter, Chair; Ann Collins, Sally Linton, Dixie Porter

Reservations Due: ♥ Friday, February 14 ♥ to Dora Cornwell at 5317 Deep Valley Run, Raleigh NC 27606; 919-851-1191 or email ddrcornwell@aol.com.

Cancellations: Should be phoned in to Dora by Monday, February 17 for refund.

No refunds for cancellations later than that date. If you make a reservation and intend to pay at the door, but do not attend or cancel your reservation, you must still pay for your lunch(es).



Cost: **\$16 per person. Checks payable to: NCSU Woman's Club.**

Reservations (with payment) must be received by Dora (information above) by **Friday, February 14.**

Number of Reservations ____ Member Name _____

I am a Past President of the NC State University Woman's Club.

Guest(s) Name(s) _____

Enclosed is \$_____ (\$16 per person), payable to NC State University Woman's Club.

Write your entrée selection(s) below for yourself and your guests, from either:

Roast Turkey w/Cornbread Dressing and Sage Gravy OR Grilled Ham Steak

Sides: Baby Spinach salad, sweet potato praline casserole, house recipe collard greens. Water, tea, coffee, rolls and butter included.

Name: _____ **Entrée Selection:** _____

Name: _____ **Entrée Selection:** _____

Name: _____ **Entrée Selection:** _____

Do you need a ride? Please don't let lack of transportation be your excuse for missing out. We have members happy and eager to help. Just call Jackie Wynne at 919-880-1569 or indicate below that you would welcome a Transportation Committee member giving you a ride (to and from the meeting).

Ride requests or other special needs: _____



The “infirmary” on the NC State campus is no longer one of modest facilities, staff or programs. It is housed in a 62,103 square-foot building on the campus and is appropriately called the Student Health Center (SHC). More than 35,000 visits to the Center occur in the course of a year. Services available are a medical clinic, nutritional advising, a counseling center, immunizations and a pharmacy – just to name a few. In 2013, among 376 universities and colleges, NC State’s SHC was ranked the *11th Best Student Health Services* in the US by the Princeton Review.

There is much to learn about the programs that the NC State Student Health Center offers today. A surprise or two may be among them. Our presenter, **Mrs. Leah Locke Arnett, RN**, will bring us up to date.

The mission of Student Health Services is to provide affordable, accessible and high quality primary health care to those eligible for services, and to provide a comprehensive disease-prevention and health promotion program to the NC State University community. The mission of Health Promotion is to assist students in the adoption of a healthy lifestyle by providing information, education, consultation and referral on a wide variety of health-related issues. The department’s vision is to support personal and academic success of NC State students and help improve the quality of life for the campus community.

People: 73 professional staff including Board certified physicians, physician extenders, pharmacists, physical therapists, nurses, health educators, lab technicians and administrative and office support.

Renew by our April 1 deadline and you will be entered into a drawing for your choice of two free lunches or a refund of your dues! NO FOOLING!

2014-15 NC State University Woman's Club Membership Renewal Form

Please complete this form and send it and your annual dues of \$30.00 (payable to NC State Univ. Woman's Club) to membership chair Ann Frazier, 1106 Ralph Drive, Cary, NC 27511. **Deadline: April 1, 2014.**

Please Print or Type _____ \$30.00 Dues for 2014-15 Enclosed

Member Name _____ Birthday (date/month)____/_____

Circle your preference for: **Meeting Reminders** via: email or phone

Newsletters via: email or postal mail

Please UPDATE your information, if it has changed since last year's Yearbook, or if it wasn't in the Yearbook at all. If your information in the Yearbook is correct, you do not need to re-submit it.

Address _____ City _____ Zip _____

Email _____ Phone _____ - _____ - _____ Cell _____ - _____ - _____

Your NC State affiliation _____ Employer/Job Title _____ / _____

Spouse's name and NC State Dept. (if applicable) _____

Is your spouse (if applicable): __Retired? __Deceased?

The Club depends on its committees to be a successful and viable organization. Your participation is necessary and important to guarantee that success. If you have enjoyed a particular committee, please consider serving again or choose another one for 2014-2015. You will be contacted as the committees are formed for the year.

_____ Communication: contacts an assigned group of membership via phone/e-mail prior to each monthly meeting or in case of meeting cancellation/change

_____ Constitution Committee: responds to needs of the organization as it relates to the operation and purpose of the club

_____ Program: assist in planning and securing speakers for the monthly programs

_____ Historian: preserves the history of the club through images, club publication, etc.

_____ Hostess: works with a group of members to decorate for a specified month

_____ Interest Groups: supports existing group and nurtures new ideas

_____ Membership: seeks new and renewed membership. Collects annual dues.

_____ Nametags: receives monthly luncheon reservations and prepares nametags for members and guests. Staffs the registration table at each meeting.

_____ Nominating: identifies and secures a slate of nominees for officers

_____ Publicity: strategizes to promote growth and visibility of the Club through public relations

_____ Scholarship: initiates support for the Carol Caldwell Scholarship

_____ Transportation: provides rides to and from Club meetings for members who need them

_____ Yearbook: assists in the yearly assembling and distribution of Club Yearbook