

# NC State Woman's Club



[www.ncsu.edu/womansclub](http://www.ncsu.edu/womansclub)

*"To unite NC State University women in common interests and to promote the welfare and advancement of the University"*

---

Sharon Ayers, President  
919-852-1888  
Ayers5fam@hotmail.com

Helen Crane, Editor  
919-848-6580  
helen\_crane@ncsu.edu

---

## **Message from President**

I am glad that the last month of the year is such a special one ending with Christmas. I don't like goodbyes. Thankfully, the busy December calendar does not allow us much time to think about the end of a year. I expect most of you have finished your Christmas shopping, but for those of you who haven't, I am betting that you like the hustle, bustle of these few weeks, getting everything ready for family and friends, just enjoying the spirit of Christmas.

I look forward to this month's program and seeing you at the luncheon as we welcome this festive season! Be sure to get your reservation in right away!

And....an early "Merry Christmas" to each of you! -- *Sharon Ayers*

## **Program – Dr. Dennis Werner, Professor Emeritus -- Do You Know Miss Molly? New Varieties of Old Favorites: Redbuds and Butterfly Bushes**

Dr. Dennis Werner was born and raised in York County, Pennsylvania. Dennis was hired as an Assistant Professor of Horticultural Science at NC State in 1979 with responsibilities in teaching, and research responsibilities in peach breeding and genetics. In 1998, his research efforts shifted to ornamental plant breeding and genetics, focusing on *Cercis* (redbud) and *Buddleja* (butterfly bush). He is now an Emeritus Professor in the Department of Horticultural Science, still continuing his efforts in redbud and sweetgum breeding.

His recent redbud introductions are 'Ruby Falls', 'Merlot', 'Whitewater', and 'Pink Pom Poms'. His work in *Buddleja* has focused on sterility, compact growth habit, and expansion of the color palette. His butterfly bush releases include 'Blue Chip', 'Miss Ruby', 'Miss Molly', 'Purple Haze', 'Lilac Chip', 'Pink Micro Chip', 'Blue Chip Jr', 'Miss Violet', 'Miss Pearl', and 'Ice Chip'. In 2013, the American Horticultural Society awarded him the Luther Burbank Award for extraordinary achievement in plant breeding.

In addition to his research contributions, Dennis has been involved in undergraduate and graduate teaching and advising, and departmental administration throughout his career. In 2014, he was recognized for his teaching efforts and undergraduate student involvement by being named an Alumni Distinguished Undergraduate Professor.

Dennis is an avid gardener. His home landscape includes a 2,000 square foot herbaceous perennial border, and a diverse collection of woody shrubs and trees. Dennis has been married to Georgina Werner for 45 years. They have 2 children, Sarah and Beatrice. – *Annette Harrell, Chair, Programs Committee*

### **A Reminder -- Breaking Bread Program**

Below is an email message from Nehemiah Chung, International Programs Coordinator, Office of International Programs at NC State University, regarding the Breaking Bread Program. His message includes the electronic form to fill in if you're interested in hosting an international student(s) as part of our 100<sup>th</sup> Year Anniversary.

“Please introduce the ladies to the **Breaking Bread** program. Each person will contact them and the preferred way is by email by the email address given below. Please print out the application in case someone does not have internet and would like to do this. Please explain that the host will communicate with the student assigned to find a date agreeable to both host and student <https://goo.gl/forms/7ib8qHm4xrqicLx82>

Let me know if you need anything else and I look forward to hearing from your members soon. Nehemiah Chung, <https://internationalservices.ncsu.edu/>”

It is our hope that our members will plan to participate in this excellent program as part of our 100<sup>th</sup> Anniversary – *Helen Hauser, 100<sup>th</sup> Anniversary Committee*

### **New Project – Feed the Pack Food Pantry**

A Feed the Pack Food Pantry student volunteer will plan to attend our December meeting and tell us about the need for the pantry and how they can help us be a part of that ongoing ministry to help food insecure students. For more information, please go to the following website:  
<https://getinvolved.ncsu.edu/organization/feedthepack>

As promised at our November 15 meeting, here is a list of items needed: Healthy snacks, nutbutters, nuts, rice, mashed potatoes, prepared meals (Hamburger Helper, Chef Boyardee, etc.), canned meats, canned fruits, cereals, condiments, canned tomatoes and hygiene products. – *Helen Hauser, 100<sup>th</sup> Anniversary Committee*

### **Carol Caldwell Scholarship Endowment**

Thank you for your continued support of the Carol Caldwell Scholarship Endowment. Let's all celebrate the NC State Woman's Club 100<sup>th</sup> Anniversary with a special gift of \$100 from each member. As a special incentive, I'll increase my personal gift to \$1,000 if each member contributes a minimum of \$100 during this centennial year of celebration (December 1, 2018 to January 1, 2020).

Your tax-deductible gift should be made payable to: **North Carolina State University Foundation, Inc.** (noted: **Carol Caldwell Scholarship Endowment #680609**). Please bring your gifts to the monthly meetings or mail your checks to: Ms. Anne Porter ~ 3408 Caldwell Drive ~ Raleigh, NC 27607 -- *Anne Porter Sasser, Scholarship Chair*

### **Announcements**

**Meeting Date and Time** – Thursday, December 13 at 11:30 am (yes, one week early due to the holidays). Our meeting will convene at 11:30 am, lunch will be served at 11:45 am and our program will begin at 12:15 pm. Our meeting times will remain as listed above for the 2018-19 year unless noted otherwise.

### **Deadline -- Newsletter Articles**

Newsletter articles for the next month are due to Helen Crane at each of our monthly meetings. This standard deadline should help all of us remember to have our articles ready for the coming month. Your cooperation in meeting these deadlines is appreciated. -- *Helen Crane [Helen\\_Crane@ncsu.edu](mailto:Helen_Crane@ncsu.edu)*

### **Communications Committee**

If you know of someone with a joy or concern that would warrant a card from our club, please notify the chair of our Communications/Courtesies Committee, Barbara Dickey, [dadickey@bellsouth.net](mailto:dadickey@bellsouth.net) or [919-846-0614](tel:919-846-0614).

Thank you – *Barbara Dickey*

### **Hostess Committee for December**

Our Hostess Committee for December is Ann Frazier, Chair, Peggy Chilton, Joy Frauson, Susan Hunter, Mae Marshall and Betsy Meldau. Thank you, ladies, for volunteering to serve as hostess for this month.

### **Do you need a ride?**

Please don't let the lack of transportation be your excuse for missing out. We have members who are happy and eager to help. Please call Jane Mullahey (919-762-0161) for assistance. Hope to see you in December!

**Lunch Reservations—Due by Friday, December 7, 2018**

**Reservations (with payment) should be mailed to:**

**Chris Cammarene-Wessel  
10017 Bushveld Lane  
Raleigh, NC 27613**

*No refunds for cancellations later than due date. If you make a reservation and intend to pay at the door, but do not attend or cancel your reservation, you must still pay for your lunch(es).*

**If you would like to pay for the remainder of the year (5 months x \$19.00 equals \$95.00) up front, please mail your check to Chris Cammarene-Wessel. You will still need to send in your lunch reservation form so that we will know your menu selection by the due date.**

**Cost: \$19.00 per person OR \$20.00 at the door  
Cost: \$95.00 (5 lunches)  
Make check payable to: NC State Woman's Club  
Lunch will be served at 11:45 am**

Number of Reservations \_\_\_\_\_

Member Name \_\_\_\_\_

Number of Guest(s) \_\_\_\_\_

Names(s) \_\_\_\_\_

Enclosed is \$\_\_\_\_\_ (\$19.00 per person), payable to NC State Woman's Club.

Enclosed is \$95.00 \_\_\_\_\_ (five lunches) for the 2018-19 season, payable to NC State Woman's Club.  
*You will still need to mail/email your menu selection for each month.*

Write your entree selection(s) below for yourself and your guests from either **Rosemary Roasted Pork Tenderloin OR Chicken Cordon Bleu** with a Caesar Salad, Buttered New Potatoes and Broccoli. Water, tea, coffee, rolls and butter are included.

Member \_\_\_\_\_

Entrée Selection \_\_\_\_\_

Guest \_\_\_\_\_

Entrée Selection \_\_\_\_\_

Guest \_\_\_\_\_

Entrée Selection \_\_\_\_\_

Other special needs (i.e. space for wheelchair at table, vegetarian entrée, etc.):

---

**MINUTES**  
**NC State University Woman's Club**  
**November 15, 2018**

The meeting was called to order by President Sharon Ayers. Sharon recognized the beautiful fall decorations this month that transformed our tables. The Hostess Committee for November were: Suester Sowell, Chair, Geneva Humphries, Fay Prost-Hoit and Aileen Pressley. Thank you, ladies, for volunteering to serve as hostess for this month. These decorations were so appropriate for the Thanksgiving holiday.

The club had several guests this month:

<b>Members</b>	<b>Guests</b>
Deb Lowell	Luann Peterson
Suester Sowell	Sedona Sowell Wilson
Jane Stuart	Eleanor Burns

Anne Porter Sasser played a lively rendition of Happy Birthday on her harmonica and then challenged and encouraged all of the members to consider donating a minimum of \$100 to the Carol Caldwell Scholarship during this centennial year of celebration (December 1, 2018 to January 1, 2020). If every member donates at least \$100, Anne will increase her personal gift to \$1,000! Please consider donating to a good cause.

Helen Hauser discussed and brought to the attention of the club members two important activities on campus. Helen discussed the Breaking Bread Program which is being organized by the Office of International Programs at NC State to help place students that have nowhere to go over the holidays with individuals in the area that would consider hosting a student(s) for a dinner in their home. It is simple in that you would set up the day and time with a student for dinner. Please consult the November newsletter for more details. A motion to support this activity was proposed and unanimously approved by the membership present.

Helen Hauser also discussed whether the club would be interested in becoming involved in the Pack Pantry Program. Helen noted that 15% of the students at NC State are food insecure. Helen indicated that a student volunteer would be willing to come to our December meeting to outline the program further for the members. It appears to be a very simple program as it would relate to the club members. At each meeting (beginning in December), there will be a box in our meeting room. Members, if they so choose, would bring nonperishable items to donate and place in the box. Someone from the Pack Pantry would come and pick it up. Helen will provide suggested items for donation in our December newsletter. A motion to support this activity was proposed and unanimously approved by the membership present.

Aileen Pressley mentioned that this Saturday, November 17, 2018 is the Open House at the Crafts Center located in Thompson Hall. Come early and shop for Christmas gifts!

Our speaker this month was Dr. Carolyn Dunn, Department Head of the Agriculture and Human Sciences. Dr. Dunn provided the club with an overview of the mission and development of the "Kitchen Project" which will be housed in the Brickhaven Building off Beryl Rd. It was an incredibly informative presentation on the mission to teach people to cook and to prepare their own meals. We had a great follow-up questions and answers by Carolyn. Carolyn recommended that all club members should purchase a tip sensitive digital thermometer for testing the food we prepare.

President Sharon Ayers adjourned the meeting.

Minutes submitted by,  
Georgina Werner, Secretary